



Patient and family contact information:

I acknowledge that henceforth, the term 'patient' will encompass any individual receiving therapy services, including myself, a family member, or any other person for whom this paperwork is being filled out.

Patient Name: _____

Sex (circle one): M F

Date of Birth: _____

ADULT Patient / Parent / Guardian 1

Name: _____

Address: _____

City: _____ State: _____

ZIP: _____

Phone: (____) _____

Email: _____

Occupation: _____

Parent / Guardian 2

Name: _____

Address: _____

City: _____ State: _____

ZIP: _____

Phone: (____) _____

Email: _____

Occupation: _____

Medical:

Pediatrician/primary care physician: _____ Phone: (____) _____

Referring physician (if different from above): _____ Phone: _____

(____) _____

Diagnosis (if known): _____

Emergency contact:

Name: _____

Phone: (____) _____

Relation to patient: _____

Insurance:

Primary Insurance: _____

Subscriber name: _____

Relationship to Subscriber: _____

Subscriber DOB: _____

Group number: _____

ID number: _____

Secondary Insurance: _____

Subscriber name: _____

Relationship to Subscriber: _____

Subscriber DOB: _____

Group number: _____

ID number: _____

How did you find us?

____ Google

____ Facebook or Instagram

____ Friend/word of mouth

____ Physician recommendation

____ Other: _____



Consent to Treat:

As the patient’s parent and/or legal guardian, I hereby consent to evaluations, procedures and/or treatments in accordance with the plan of care deemed necessary by the provider. I assume full responsibility for my child’s participation in the services and activities within the recommended plan of care. I understand that I may at any time request further clarification on the activities, procedures, and services provided at First Step Pediatric Therapy before, during, or after my child’s participation.

Signature: _____

Date: _____

Notice of Privacy Practices:

While providing services to our patients, we create, receive and store personal health information. We use and disclose your health information for treatment, payment, or health care operations. The Notice of Privacy Practices describes these uses and disclosures in detail. I acknowledge that I have read and/or received a copy of the Notice of Privacy Practices from First Step Pediatric Therapy.

Please see full Notice of Privacy Practices in a separate from sent with paperwork

Signature: _____

Date: _____

Consent for Electronic Communication:

First Step Pediatric Therapy utilizes email and/or text communications, which are non-encrypted. I understand that there are risks to sending and receiving treatment information, scheduling reminders and other matters related to First Step Pediatric Therapy using non-encrypted methods. By signing below I consent to non-encrypted email communication.

Signature: _____

Date: _____

Financial Disclaimer/Liability and Billing:

While we attempt to verify your insurance plan for services prior to your appointment as a courtesy, it is the responsibility of the parent/guardian to verify insurance eligibility and benefits, and facilitate referrals & prior authorization before the patient’s appointment.

All balances not paid within 30 days will incur a late charge of \$10 per month. Balances not paid within 120 days may be forwarded to a collection agency and incur a \$50 processing fee. There will be a \$25 service charge for any returned checks. **Patients with a balance over \$500 will be required to make a payment towards the balance, or set up a payment plan before continuing therapy.** I understand and acknowledge First Step Pediatric Therapy’s financial policy and authorize First Step Pediatric \



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Therapy to release any information necessary for insurance processing and authorize my insurance to pay First Step Pediatric Therapy directly.

Signature: _____

Date: _____

Insurance Benefits/Prior Authorization:

Your insurance carrier will determine final benefits after claims are processed. You can verify your insurance benefits prior to therapy by accessing your insurance's online portal, or by calling your insurance company. We ask that you please notify First Step Pediatric Therapy of any changes to your child's insurance carrier or coverage immediately while receiving services.

I understand that I am responsible for determining whether prior authorization is necessary and for submitting the request accordingly. I understand that I am responsible for all balances after insurance processing. I understand that First Step Pediatric Therapy is not required to verify my insurance prior to providing therapy services, and that it is my responsibility to provide up to date and accurate insurance information. I understand I am responsible for payment of any unpaid claims due to failure of notifying First Step Pediatric Therapy of insurance changes in a timely manner.

Signature: _____

Date: _____

Monthly Invoices:

Invoices are sent out via email on the 1st of the month (or the following business day, if the first falls on a weekend or holiday). Please indicate below if you would also like invoices mailed after they are sent via email:

- No, email is fine
- Yes, please also send my invoice in the mail



CREDIT CARD AUTHORIZATION FORM

(Credit / Debit / HSA card). **All information will remain confidential in our secure EMR system.**

First Step Pediatric Therapy requires that all patients have a credit card on file with us. Your card will be charged as per your authorization below. If you would also like to give us HSA card information for convenience to pay towards co-pays, deductibles, and co-insurance, and eligible private therapy related costs, you may do so below. **We are unable to bill other fees to an HSA card, so it's necessary to have both types of cards on file, or solely your credit/debit card.**

Patient Name: _____ Patient DOB: _____

Credit/Debit (REQUIRED FOR ALL)

Cardholder Name: _____

Billing Address: _____

Card Number: _____ Expiration Date: _____

Card Identification Number / CVV (last 3 digits located on the back of the credit card): _____

- I authorize First Step Pediatric Therapy to charge my credit card herein, month on the 1st of each month (or first business day of the month) to pay for the balance in full for therapy services rendered to my child including co-pay, co-insurance, deductible, or private pay charge for services, if any, and other fees if proper cancelation procedures are not followed as per the signed cancelation policy.

- I do not authorize First Step Pediatric Therapy to charge my credit card automatically. I prefer to make payments myself in person, via phone call, or through the patient portal. I am aware of the \$10 late fee if I do not pay my balance within 30 days of the invoice date. Late fee is assessed for every 30 days the balance is not paid.



HSA CARD. (A credit/debit card must be added when adding a HSA)

HSA Cardholder Name: _____

Billing Address: _____

HSA Card Number: _____ Expiration Date: _____

Card Identification Number / CVV (last 3 digits located on the back of the credit card): _____

- I authorize First Step Pediatric Therapy to charge my HSA card herein, month on the 1st of each month (or first business day of the month) to pay for the balance in full for therapy services rendered to my child including co-pay, co-insurance, deductible, or private pay charge for services, if any, and other fees if proper cancelation procedures are not followed as per the signed cancelation policy.

- I do not authorize First Step Pediatric Therapy to charge my HSA card automatically. I prefer to make payments myself in person, via phone call, or through the patient portal. I am aware of the \$10 late fee if I do not pay my balance within 30 days of the invoice date. Late fee is assessed for every 30 days the balance is not paid.

Please read over and sign below:

Patients with a balance over \$500 will be required to make a payment towards the balance, or set up a payment plan before continuing therapy. I agree that I will pay for this service in accordance with the issuing bank cardholder agreement. Receipts will be sent via email after your card has been charged.

I understand that the above authorization will remain in effect until the designated expiration date or until I cancel it in writing, whichever comes first, and I agree to notify the business of any changes in my account information. Termination of this authorization at least 15 days prior to the next billing date is required in writing. If the above noted payment dates fall on a weekend or holiday, I understand that the payments may be executed on the next business day. This payment authorization is for the type of bill indicated above. I certify that I am an authorized user of this credit card and that I will not dispute the payments with my credit card company provided the transactions correspond to the terms indicated in this authorization form. I understand all of the terms and conditions listed on this form.

Card Holder Signature: _____ Date: _____



Cancellation Policy:

As a courtesy to our staff, we ask that you please read and adhere to our no show, late cancel, and late policies. These fees are an out-of-pocket expense and cannot be billed to insurance:

- In the absence of an illness, family emergency, or inclement weather, canceling or rescheduling an appointment must be made at least 24 hours prior to the start of your child's appointment. Patients will be billed a \$40 late cancellation fee if cancellation is made less than 24 hours in advance.
- Patients who miss a scheduled appointment **without providing the office advance notice** will be billed a "No Show" fee of \$75.
- **Patients who are more than >10 minutes late** to a scheduled appointment without advance notice will be billed a \$20 late fee.
- Patients who "no show" to three appointments in a 6 month period will be taken off of the therapist's ongoing schedule and must call weekly to schedule an appointment.

I acknowledge that I have read, understand, and agree to the policies above, and that I may ask questions about these policies at any point during my child's care.

Signature: _____

Date: _____

Sick Policy:

The safety and health of our children and staff is our priority, as many of our patients are very young and/or medically fragile.

If you, your child, or a family member in your household are experiencing any of the following symptoms, please call our office to cancel your appointment out of caution and courtesy to our staff and fellow patients. We can change your in-clinic visit to a virtual visit or reschedule your visit to a later date.

- Fever or chills in the past 24 hours
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you have tested positive for COVID-19, we ask that:



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- You may return after 5 days if symptoms are no longer present or have significantly improved, or after receiving a negative COVID-19 test.

I acknowledge that I have read and understand the policies above, and that I may ask questions about these policies at any point during my child's care.

Signature: _____

Date: _____

Inclement Weather Policy:

*Please see comprehensive *Inclement Weather Policy* on our website, or you can request a copy*

To ensure the safety of patients and staff during adverse weather conditions, we have created a policy that can be referenced during extreme weather conditions. The following will only apply to in-clinic appointments, not aquatic therapy appointments.

When inclement weather conditions are anticipated or occur, patients scheduled for in-clinic appointments will be switched to a telehealth appointment. Families will be expected to attend their scheduled telehealth appointment in the event of inclement weather. Families are responsible for contacting First Step Pediatric Therapy via phone call or email if they do not have access to a camera, wifi connection, or hotspot.

By signing below, I acknowledge that I have read, understand, and agree to the policies above, and will contact First Step Pediatric Therapy and that I may ask questions about these policies at any time.

Signature: _____

Date: _____



Bellevue Aquatic Therapy Information and Consent Form

Bellevue Aquatic Center 601 143rd Ave NE, Bellevue, WA 98007

- Aquatic Therapy services will be billed to your insurance. While we attempt to verify your insurance plan for services prior to your appointment as a courtesy, it is the responsibility of the parent/guardian to verify insurance eligibility and benefits and facilitate referrals before the patient's appointment. Your insurance carrier will determine final benefits after claims are submitted.
- Treatment sessions are 30 minutes
- There is a \$16 pool rental fee for a 30 minute session that is not payable to insurance
- **The pool requires 24 hours notice to cancel the pool reservation. Cancellations made less than 24 hours in advance will still be subject to the pool rental fee.**
- You must be changed and ready to enter the pool at your appointment time. Please arrive 15-20 minutes early to allow time for changing.
- You must rinse off in the shower before entering the pool.
- Please wear a swimsuit or a wetsuit.
- Please bring your own towel.
- Swim diapers are required for children and adults who are incontinent.
- Patients are only allowed in the pool during their therapy time.
- You must follow the instructions and directions of your therapist for safety.

Patient Name: (Printed) _____

Patient Signature: _____ Date: _____

Parent or Guardian Name: (If applicable, printed) _____

Parent or Guardian Signature (if applicable): _____ Date: _____



Informed Consent & Waiver and Release of Liability Agreement

I understand that by signing the following Informed Consent & Waiver and Release of Liability Agreement, I accept full and complete risk and liability for any injury or harm that may occur while the patient receives aquatic therapy from First Step Pediatric Therapy, LLC.

1. I understand and acknowledge the inherent risks in participating in activities in the water including, but not limited to: slips, falls, entrapment, infection, skin irritation, chemical exposure and sensitivity, hypothermia, hyperthermia, low blood sugar, skin, eye, respiratory distress, general fatigue, syncope, seizure, changes in blood pressure, disorders of heart rhythm, instances of heart attack, and drowning.
2. It is my obligation to inform First Step Pediatric Therapy, LLC of any changes in the patient's health status and any aquatic therapy related issues I may have or am aware of that might affect the patient's safety.
3. I understand that while in therapy the staff of First Step Pediatric Therapy, LLC may periodically monitor my vital signs and will take reasonable precautions to determine if an observable or known potentially hazardous situation exists.
4. I hereby release and indemnify First Step Pediatric Therapy, LLC from any present or future responsibility or liability for any and all personal injury, economic damages, property damages, and/or wrongful death that is, or may be, caused by, or relate to, the aquatic therapy the patient receives from First Step Pediatric Therapy, LLC.

I acknowledge that I have read this Informed Consent & Waiver document in its entirety and agree to be bound by all terms and conditions. I also acknowledge that the risks identified above are not the only risks in participation in aquatic therapy with First Step Pediatric Therapy, LLC.

Patient Name: (Printed) _____

Patient Signature: _____ Date: _____

Parent or Guardian Name: (If applicable, printed) _____

Parent or Guardian Signature (if applicable): _____ Date: _____



Aquatic Therapy Medical History

What are your priorities/goals for aquatic therapy?:

Please list the patient's medical diagnoses (if applicable):

Is the patient taking any medications?:

Does the patient have any allergies or other precautions?:

Please check if any of these apply to the patient currently:

- | | |
|--|--|
| <input type="checkbox"/> Incontinence of feces or urine | <input type="checkbox"/> Medications that may cause drowsiness |
| <input type="checkbox"/> Contagious skin rashes | <input type="checkbox"/> DVT, pulmonary embolism |
| <input type="checkbox"/> Abnormal blood pressure | <input type="checkbox"/> Heart condition |
| <input type="checkbox"/> Perforated eardrum or ear infection | <input type="checkbox"/> Hydrophobia – fear of water |
| <input type="checkbox"/> Kidney diseases | |
| <input type="checkbox"/> Open wounds unable to be covered
by bio-occlusive dressing | |
| <input type="checkbox"/> Epilepsy/seizures | |
| <input type="checkbox"/> Infectious diseases such as AIDS, Hepatitis, MRSA | |



Seizures

Seizure type	What happens	How long it lasts	How often	Triggers

Seizure first aid:

When to call 911:
